



Race Against Violence (RAV)



Annual 5K Walk & Run and One Mile Fun-Run

Saturday, October 22, 2011

8:00 a.m. ~ Fun-Run

8:15 a.m. ~ 5K

Conyers First United Methodist Church ~ 921 North Main Street, Conyers, Georgia 30012

All race proceeds benefit the Project ReNeWal Battered Women's Shelter and the Rockdale County Taskforce Against Family Violence.

The 5K is a *fast* out-and-back course with a minimum grade hill providing an excellent opportunity for obtaining a *new* personal record. Results will be posted on www.georgiarunner.com.

Registration:

\$15 Pre-registration if received by/before October 10, and guarantees a long-sleeved T-shirt.

\$20 Race Day registration (no guarantee of T-shirt).

Make checks payable to: *Rockdale County Task Force Against Family Violence*

Mail Entries to:

Mr. Derek Marchman

Rockdale County State Court / P.O. Box 289 / Conyers, Georgia 30012

Applications Available at:
www.rockdaleaware.com

Trophies will be awarded to the following categories: Overall Male and Female, Masters and Grand Masters winners. Awards will also be given to the top three male and female age group winners for ages: 10&under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-65, 66-69 and 70+.

Return this Portion of Form With Registration Payment – PLEASE PRINT

Name: _____

Address/City/State/Zip: _____

Email: _____

Age: _____ Male Female Contact Phone Number(s): _____

T-shirt size (circle one): Y M YL S M L XL Race: 5K Fun-Run

In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against the directors and the sponsors of this event. I state that I am in proper physical condition to participate.

Signature of Race Participant

Date

Parent/Guardian of Minor

Date