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FOR INFORMATION

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The Race Against Violence (RAV) Named a Peachtree Road Race Qualifier

Conyers, GA—This week many runners will be participating in the world’s largest road race with 60,000 running the Peachtree Road Race. For a majority of the participants, “waiting to run” is part of pre-race routine due to the use of starting waves. Although the race starts at 7:30 am, the last wave will not begin until after 9:00 am. If you want to move up in the starting waves, the Race Against Violence (RAV) can help you.

“That was my fastest time” is a common comment by runners every year completing the RAV Race. Understanding this, RAV sought application from the USA Track and Field to become a certified course. Course certification means that it has been accurately measured and meets standard to be utilized by other races, such as the Peachtree, to seed participants. Based on past RAVs, individuals should be able to move up 2 waves with the improved seed times.

Derek Marchman, the RAV Race Director, believes this will help add more participants to the event, but he is excited to be able to help runners receive better wave positions for the Peachtree. He offered that the consultant certifying the course stated, “there are other certified races, but none will be as flat and fast as the RAV”.

The 5th Annual RAV will be held Saturday, October the 25th in conjunction with the Old Town Festival. The race will benefit the Rockdale County Task Force Against Family Violence and the local battered women’s shelter, Project Renewal.

The events begin with the “Pre-Race Party” on Friday, October 24th, at 5:30 at Las Flores restaurant in Old Town Conyers. The race will held at the Conyers First United Methodist Church in Conyers on N. Main Street. The first event begins at 8 am with a 1-mile Fun Run followed with the 5K (3.1 mile) run 8:15 am.

For more information, go to rockdaleaware.com or contact Derek Marchman at 678-938-5799.